



Good TOUCH Bad TOUCH

Educating children on appropriate methods of physical contact helps protect everyone from inappropriate behavior.

Everyone has a body, and your body belongs to you. This means no one can touch you unless you say they can. You should always ask for permission before touching someone else. Don't touch them unless they say you can.

Good Touch

It feels good to be hugged and kissed by the people you love. For example:

- When Mommy gives you a hug and kiss after you wake up.
- When Daddy gives you a good-night hug and kiss.
- When Grandma and Grandpa come to visit and everyone gets hugs and kisses.



Bad Touch

Touches that make you feel uncomfortable are usually bad touches. You don't have to keep a secret when someone gives you bad touch. Don't feel that you are bad. Whoever gives you a bad touch is the one who is bad, not you. Your body belongs to you. Nobody should touch you if you don't want to be touched.



Do you know what a bad touch is?

- It is a bad touch if it hurts you.
- It is a bad touch if someone touches you on your body where you don't want to be touched.
- It is a bad touch if the person touches you under your clothing or tickles you under the clothing.
- It is a bad touch if a person touches you in a way that makes you feel uncomfortable.
- It is a bad touch if that touch makes you feel scared and nervous.
- It is a bad touch if a person forces you to touch him or her.
- It is a bad touch if a person asks you not to tell anyone.

What do you do when someone touches you in the wrong way?

- Say no! Tell the person that you don't like it and you don't want to be touched.
- Get away fast! Run away from the person whose touch you don't like. Never stay alone with that person ever again.
- Call for help. You can scream.
- Believe in yourself. You did nothing wrong.
- If someone touches you in the wrong way, tell someone you trust what has happened. Don't let threats scare you into running away or keeping quiet. When a person touches you and asks you to keep it a secret between the two of you, ask yourself, "Does the secret bother me?"
- Don't keep secrets that make you feel uncomfortable. Go to a person you trust—a parent, a relative, a teacher, or your doctor. If the person you go to doesn't believe you, go to someone else you trust until someone believes you and helps you.
- Do everything you can to stay away from the person who is touching you in the wrong way or making you feel uncomfortable. Don't stay alone with a person who touches you in a way that makes you uncomfortable or makes you feel unsafe.



Yogasanas

Yoga deals with physical, mental and spiritual well-being of human beings. It is the best way to maintain health.

Read the brief descriptions about. Some asans and write their names.



1. This asana keeps the brain and glands of the brain, and glands of the head strong.



2. This asana cures digestive disorders. It also makes the abdominal muscles strong.



3. This asana improves the spinal cord. It also improves digestion and arms muscles.



4. This asana helps in relaxation of entire nervous system, body, and mind



5. This asana destroys poisons in the body. It also keeps the body fit and makes you slim.



6. This asana cures digestive disorders. It also makes the abdominal muscles strong.



Did You Know?

Asana should not be practiced in strong winds.
Asana should be done with an empty stomach.



Dhanurasana, Chakrasana, Matsyasana, Shavasana, Trikonasana, Makarasan



Answer the following brain teaser.

1 I do not have any special powers, but i can predict the score of any football game before it begins how can i do this ?

2 A plane crashes on the border of the U.S and Canada . Where do they busy the survivors?

3 Which travel faster? Hot or cold?

4 How far can a rabbit run into the woods?

5 Mike is a butcher. He is 5'10" tall. What does he weight?

6 In a year there are 12 months, Seven months have 31 days. How many months have 28 days.

7 First, I threw away the outside and cooked the inside. Then I ate the outside and threw away the inside. What did I eat?

8 What are the next three letters in the following sequence? J, F, M, A, M, J

9 Give me food, and I will live, give me water, and I will die. What I am?

10 Who is bigger : Mr. Bigger, Mrs Bigger on their Baby?

11 Which is heavier? A pound is feathers or a pound of rocks.

12 What is full holes but can still hold water?

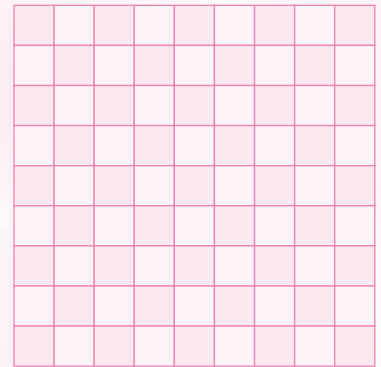


Math Riddles

Try to find out the following math riddle and write their answers.

- Who will weigh more – a boy weighing 12 kg or a girl weighing 12,500 gm? _____
- In this grid, use every number from 1 to 9. You must use each number four times. The sum of numbers in every row and column should total 15.
- How many square inches are there in a square foot?
- What are the prime factors of 86? _____
- Complete the series: 2, 3, 5, 9, _____, 33, 65, _____, _____
- Circle the number which is not a prime number: 1, 2, 3, 7, 11, 13, 17
- What kind of a triangle will be formed if the sides measure 2 cm, 3 cm and 5 cm? _____
- From among the following, underline the numbers which are not divisible by 3:
6, 9, 11, 23, 27, 33, 69, 83, 97, 101, 109
- How many purple squares are there in this diagram? _____
- Find the formulas of the following from the grid given below.

4		2
	5	
8		6



(a) $(a+b)^2$

(b) $(a-b)^2$

(c) $(a+b)^3$

(d) $(a-b)^3$

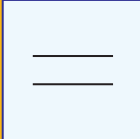
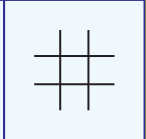
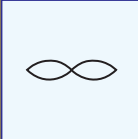

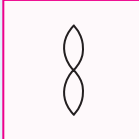

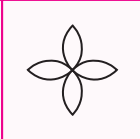
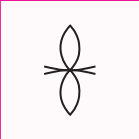

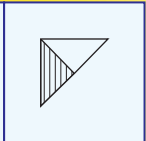
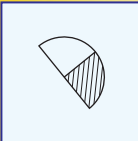
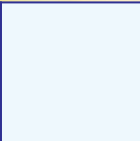
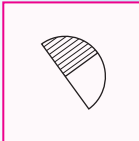
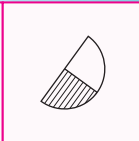
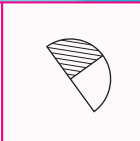

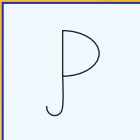
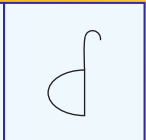
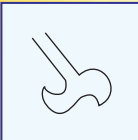

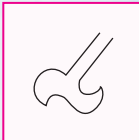
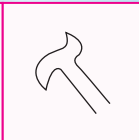
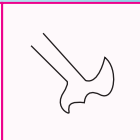
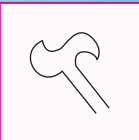
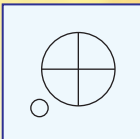
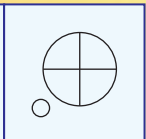
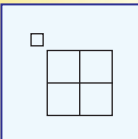

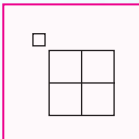
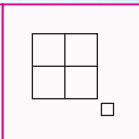
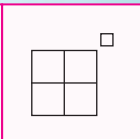
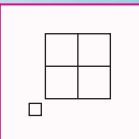
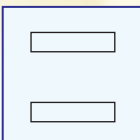
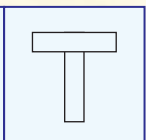
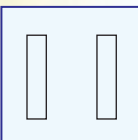

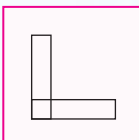
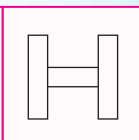
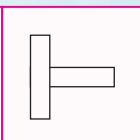
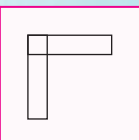
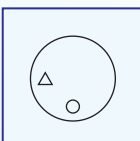
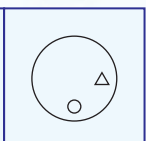
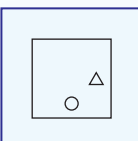

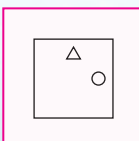
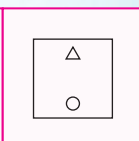
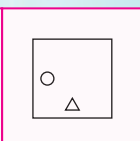
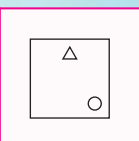
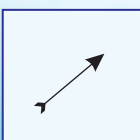
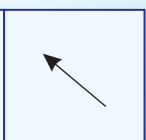
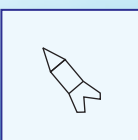
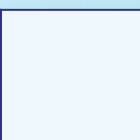
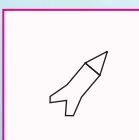
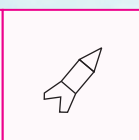
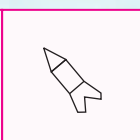
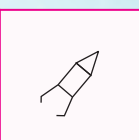
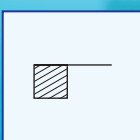
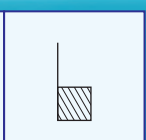
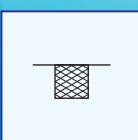
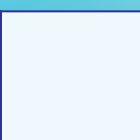
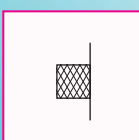
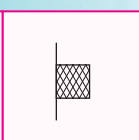
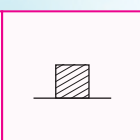
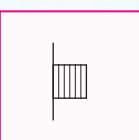
(e) $(a+b)(a-b)$

a^2	a/b	$-2ab$	b^2	a^2	$2a$
c^2	b^2	$2a$	b^2a	a^2b	a^2
a^2	$a-b$	$2ab$	$3ab^2$	$-b^2$	4
a/b	$3b$	$-3a^2b$	$3b$	$3a$	$2ab$
b^2	$-b^3$	a	$4a^2$	$a+b$	$5b$
a^3	b^3	$3a^2b$	$3ab^2$	$-5a$	a/b

- Which is the right answer? $(999)2 = 1998$; 108431; 93670; 998001 _____
- A B C D E is a code which represents the figures 1 2 3 4 5, but not in that order. A is an odd number; B is neither 4 nor 5; C is 1; D is either 4 or 5; E is not 2, 3 or 4. What do A, B, C, D and E stand for? _____
- A man started walking west; he turned right, then right again and then left. In what direction is he walking now? _____
- A number consists of two digits whose sum is 12. If 36 is added to it, the digits are reversed. What is the number? _____

What Comes Next?

There is a relation between each of the following combinations of figures. One of them is left blank for you to fill it with the most appropriate option from the four options given alongside.

1.								
					(a)	(b)	(c)	(d)
2.								
					(a)	(b)	(c)	(d)
3.								
					(a)	(b)	(c)	(d)
4.								
					(a)	(b)	(c)	(d)
5.								
					(a)	(b)	(c)	(d)
6.								
					(a)	(b)	(c)	(d)
7.								
					(a)	(b)	(c)	(d)
8.								
					(a)	(b)	(c)	(d)



Riddle

Answer the following questions.

1. In a one storey pink house, there was a pink person, a pink cat, a pink fish, a pink computer, a pink chair, a pink table, a pink telephone, a pink shower-everything was pink. What colour were the stairs?
2. If you divide 30 by half and add ten, what do you get?
3. A girl is sitting in a house at night that has no lights on at all. There is no lamp, no candle, nothing. Yet she is reading. How?
4. Place the digits 1 to 9 in each empty cell so that every row and every mini grid contains the numbers 1 through 9 just once.

a)

			2	5		4	
2		4		7	9		5
9		6			8		
4		9			2		8
		5	3	8	4	7	
	3		9			6	4
			5			8	7
7			2	9		4	1
	9		8	4			

b)

7			3	2		6	8	
9		2		5	8		4	
		6	9			2		
	9	7	5		4			
8								4
			8		9	3	2	
		4			3	5		
	7		2	9		4		1
	3	9		1	6			2

5. A house has 4 walls. All of walls are facing south, and a bear circling the house. What colour is Bear?
6. Tina is taller than Ruby. Rocky is taller than Soni but shorter than both Ruby and Tina. Soni is taller than Naina. Who is the shortest?
7. There is a group of six people: A, B, C, D, E and D. C is the sister of F. B is the brother of E's husband. D is the father of A and grandfather of F. There are two fathers, three brothers, and a mother in the group. Who is the mother?
8. A doctor gives you three pills. He has advised you to take one pill after every half an hour. How much time will you take to have all the pills?
9. Kathleen operates a hot dog stand. On Wednesday, she used two-thirds of a bag of hot dog buns. On Thursday, she used half as many hot dog buns as on Wednesday. How many bags of hot dog buns did Kathleen use on Thursday?

Read the following interesting facts to boost your knowledge.

- ★ Armadillo is a Spanish word meaning 'little armored one'
- ★ The strongest muscle in the body is the tongue.
- ★ Hearing is the fastest human sense. A person can recognize a sound in as little as 0.05 seconds.
- ★ TYPEWRITER' is the longest word that can be made using the letters on one row of the keyboard.
- ★ The sentence, "The quick brown fox jumps over the lazy dog" uses every letter in the English language.
- ★ Our eyes are always the same size from birth, but our nose and ears never stop growing.
- ★ If you suppress a sneeze you can rupture a blood vessel in your head or neck and die.
- ★ If you keep a goldfish in a dark room, it will eventually turn white.
- ★ February 1865 is the only month, recorded in history, not to have a full moon.
- ★ A group of twelve or more cows is called a flink.
- ★ Leonardo Da Vinci invented scissors.
- ★ A snail can sleep for three years.



60

Catchy Slogans

A slogan is an advertising tag-line or phrase that advertisers create to visually express the importance and benefits of their product. Written under their company's name.

Match the following companies with their slogans.

1. Nike

(a) Let's make things better



2. Coca-Cola

(b) Connecting people



3. Microsoft

(c) Just do it



4. Nokia

(d) Impossible is nothing



5. LG

(e) Life is a Journey. Enjoy the Ride



6. Philips

(f) It's the real thing



7. Adidas

(g) The Ultimate Driving Machine



8. Nissan

(h) Your potential, Our passion



9. B.M.W

(i) Life's good



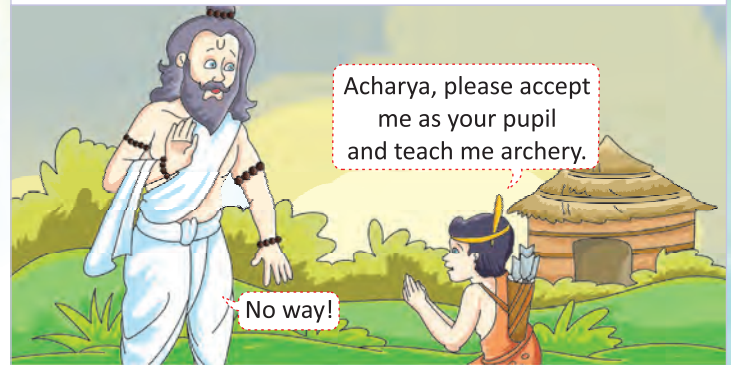
Eklavya's Story

Read this story through pictures.

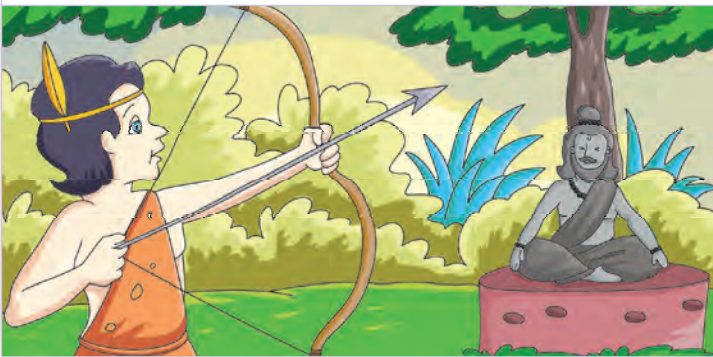
Long centuries ago, there was a sage Dronacharya who taught archery to the princes of Hastinapur. Among all his students, Arjuna was his favourite.



Once, a child named Eklavya came to his ashram to take admission in his Gurukul.



So, Eklavya went back and carved a statue of Dronacharya. He worshipped the statue as the his guru and started practising archery.



Once, Dronacharya took his students to the jungle and they were amazed to see a dog's mouth filled with arrows without any injury. This was done by Eklavya.



Dronacharya went to see Eklavya after hearing how he practised archery. He was very impressed. But he asked him to give away his thumb as gurudakshina.



Eklavya did not hesitate and cut off his thumb immediately.



Why do you think Dronacharya asked Eklavya to cut of his thumb?



Architecture of INDIA

The Indian architecture is mostly spiritual in nature. It reflects the lifestyle and history of India. It can be seen in city and town planning (examples-Harappa, Mohenjo-daro and Lothal), temple complexes, observatories, monuments and memorials in various materials from rock to metal. Here are a few examples of different styles of architecture.



Rock-Cut Architecture :

This art was practised around 2,000 year ago.

The example of this kind of architecture is the Chaitya Hall at Karla, Maharashtra. It was built 1st century BC. It was carved out of a single rock. Another example of this architecture is the rock-cut Kailash Temple at Ellora, Maharashtra. It was built in the 6th century AD.

Dravidian Style :

The best example of Dravidian style of architecture is the Rameshwaram Temple at Dhanushkoti, where the famous bridge built by Lord Rama to reach Sir Lanka is still seen with the help of NASA pictures.

The Rameshwaram Temple has two shrines that are enclosed by three concentric walls. It has four gopurams that are built in the best traditions of the 17th century. The 3.6m high pillars of this temple are big blocks of granite that are richly carved.

Solanki Style :

The Tejapala Temple of Mount Abu in Rajasthan is among last monuments built in the Solanki Style. There is a pendant of solid mass of marble in the dome which hangs from the center like crystal drop.

In the main cell, there is an image of Neminatha seated on a couch-shell symbol. There is a floral pattern on its carvings. There are 39 other cells that have the episode from the life of the presiding deity Rishabhadeva or Adinatha. The deity's image is installed in the inner shrine which is open on all the four sides.



Mahayana Architecture :

The best example of this kind of architecture is at Bodhi Gaya. The front of this temple has an impressive image of the preaching Buddha. There are many steps that approach the shrine which is enclosed within a railing. People have to pass through an arched gateway or torana for reaching the shrine. There is an Ashoka Pillar as well in the courtyard.

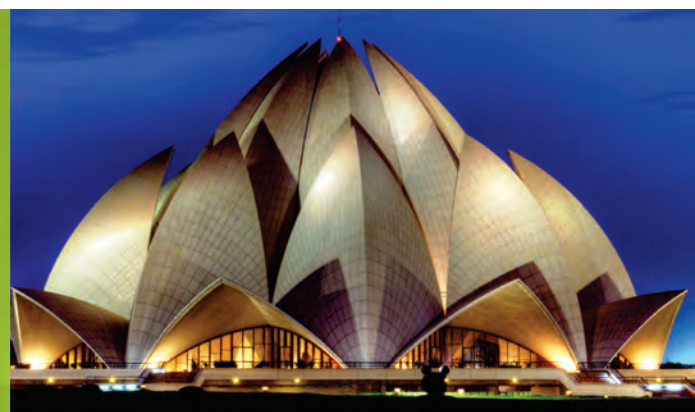


Pallava Style :

The best example of this kind of architecture is the Mahabalipuram. It has 10 mandapas or halls and 7 monolithic rathas. They resemble the big temple cars in which the images of the deities are taken out in procession. The panels of sculpture enclosed within plasters and mouldings on the interior walls of the Durga and Varah mandapas represent the finest example of the Pallava Style. The architecture of the monolithic rathas is based on the older Buddhists monasteries. They are square or oblong in shape and pyramidal in elevation but the size and the minor details vary.

Modern Architecture :

The best example of this kind of architecture is the Lotus Temple of the Bahai faith at Kalkaji in South Delhi . It is shaped like a half opened lotus flower. This temple is made up of marble, cement, dolomite and sand. The lotus flower signifies purity and peace, a representation of the manifestation of God.



A Blend of Hindu and Muslim Style :

The best example of this kind of architecture is the Golden Temple or Har Mandir Sahib of Amritsar. The main shrine is built in the middle of a tank which never dries up. Guru Arjan Dev initiated the construction of the temple in 1589. His great contemporary Muslim mystic-Mian Mir laid the foundation stone of this temple. Maharaja Ranjit Singh, donated 100 kg of gold to the temple.



Blend of Dravidian, Indo-Sarcenic Oriental and Roman Style :

The Mysore Place is an example of combination of different styles of architecture. It is a 3-storeyed building with a 5-storey tower that was designed by an English architect Henry Irwin. This space was initially built in 1912. There is a kaleidoscope of stained glass and mirrors and beautiful carved in mahogany, floors are made up of white marble and doors are made up of solid silver.

