

6

Fruits

It is Sunday today. Raju and his father are going to the fruits market. It is 7:30 am now.

Raju tell his father that he wants to know about the fruits. His father says, “Yes, I shall tell you”. Then they reach to the fruit's market.



Raju : Father, which fruit is this?

Father : These are apples. These are red. These look beautiful. These are *delicious* and crunchy.

Doctors say, “An apple a day keeps the doctor away.” In India mostly apples grow in Jammu & Kashmir.

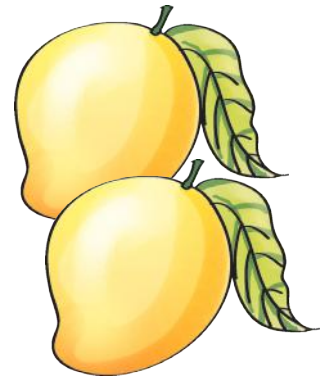
Raju : Father, which fruit is this?

Father : These are bananas. These are yellow. These are found in bunches. A bunch contains many bananas.

These are long and **curved** with soft inside. Bananas contain around 75% water. These contain potassium.

Raju : Father, which fruit is this?

Father : These are mangoes. These are green and yellow. They come in summer. These are sweet when ripe and sour when **raw**. Raw mangoes are used to make pickles. Mangoes are used to make shake. Mango is the national fruit of India and also known as the king of fruits.



Raju : Father, which fruit is this?

Father : These are grapes. There are green grapes and black grapes. These group in bunches. These are like juicy jelly. These are about the size of marbles. Black grapes contain iron. It is very useful for patients.



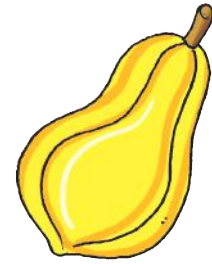
Raju : Father, which fruit is this?

Father : These are pomegranates. These are red in colour. In a pomegranate, there are hundreds of juicy red seeds. These are very tasty and healthy. Pomegranate increases blood in our body and also protects us from cancer.



Raju : Father, which fruit is this?

Father : These are papayas. These are yellow and green. These are big in size. Papaya helps in digestion. It kills intestinal worms. It strengthens the *immune* system.



Word Treasure

delicious : having a pleasant taste or smell.

curve : a line or area that bends gradually

raw : not cooked

immune : that cannot be affected by a particular disease



EXERCISE TIME

Comprehension Skills

A. Tick (✓) the correct option :

1. Raju and his father go to market at :

a. 9:00 am

b. 6:00 am

c. 7:30 am

2. They go to market to buy :

a. Fruits

b. Vegetables

c. Milk

3. Raw mangoes are used to make :

a. Cold drink

b. Pickles

c. Shake

B. Match the following :

1. Apples

a. king of fruits

2. Bananas

b. like marbles

3. Mango

c. protect from cancer

4. Grapes

d. Jammu & Kashmir

5. Papaya

e. 75% water

6. Pomegranate

f. digestion

C. Answer the following questions :

1. What does doctors say about apple?
2. Write any three features of banana.
3. What items are made by mangoes?
4. How does a papaya useful for us?

Essential Grammar

Use of Has, Have

Has is used with singular.

Have is used with plural.

Look at the pictures and read the sentences :



I **have** an apple.



They **have** balls.



Chetan **has** a dog.



Cow **has** a long tail.

D. Fill in the blanks with has/have.

1. I _____ a book.
2. He _____ curly hair.
3. They _____ many plants.
4. You _____ so many sweets.
5. The parrot _____ red beak.
6. She _____ two sisters.

Fun with Words

E. Look at the underlined words. Find the synonyms of these from the hint box.

Hint : beautiful, large, looked, silently, tall, unhappy, piece, pleased

1. The trees were high. (*tall*)
2. Pinki was delighted. ()
3. He took a scrap of paper. ()
4. You want a lovely garden. ()
5. Why are you sad? ()
6. He sat down quietly. ()
7. The fish peeped out of the water. ()
8. The grand castle became his new house. ()

Essential Writing

G. Write about the fruit that you like most.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Essential Speaking

For Teacher : We bring vegetables and fruits from the market. We should wash vegetables and fruits before eating. Explain the students why should we wash them before eating.

- Honey : What are you eating?
Keshav : I'm eating an apple.
Honey : Have you washed your hands before eating.
Keshav : No, I forgot.
Honey : You should not forget.
Keshav : I'll be careful next time.
Honey : Have you washed apple?
Keshav : Yes, I did.
Honey : Good.

Fun to Do

H. Colour the picture :

