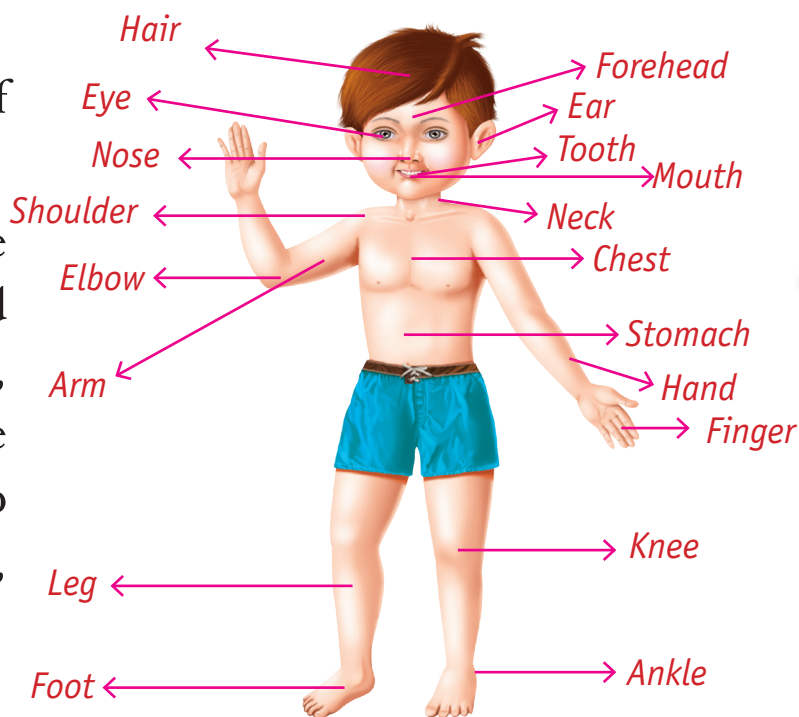


PARTS OF THE BODY

The human body is a kind of machine.

It consists of many parts. The human body can be divided into head, neck, middle part, two arms and two legs. These parts further can be divided into upper arm, forearm, elbow, foot, knee and shoulders, etc.



Legs and Hands

These are my legs. I walk, play and run with my legs.



Legs



Walk

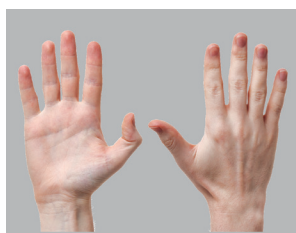


Play



Run

These are my hands. I eat, write and carry things with my hands.



Hands



Eating



Carrying



Writing

Test your Self

List any five activities for which we use our hands.

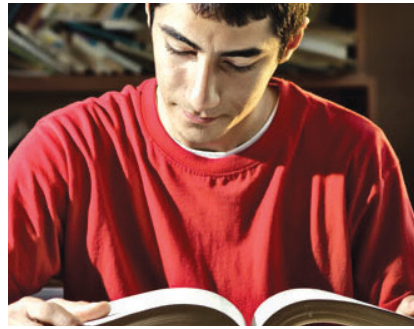
1. _____
2. _____
3. _____
4. _____
5. _____

List any five activities for which we use our legs.

1. _____
2. _____
3. _____
4. _____
5. _____

SENSE ORGANS

There are five sense organs in our body. **Ear**, **nose**, **eye**, **tongue** and **skin** are our sense organs. They make us aware of our surroundings.



Eyes help us to see



Ears help us to hear



Nose helps us to smell



The tongue helps us to taste



The skin helps us to feel and touch

Find out?

- How does our tongue tell us about the taste of a thing –whether it is sweet, sour, bitter or salty? Find out from your teacher.

Science Exploration!

- Rub an unsharpened pencil on the palm of your hand and then rub it on the knuckle side. Rub the pencil the same way on the top and bottom of your feet. On which side did you feel the pencil more? Record your findings.

GROWING UP

All living things can grow. Children grow up fast. Healthy food, exercise and proper rest help our body to grow up and become strong.

A child becomes an adult. An adult becomes an old man or woman.



Family

Know the Keywords :

- Machine : An instrument which assists us in our work.
Adult : Children grow up to become adult.
Skin : A sense organ that helps us to feel and touch.
Tongue : A sense organ that gives us the sense of different tastes.

Point to Remember

- Our body is like a machine. It has many parts.
- Head, neck, chest, hands and legs are the major parts of our body.
- Eyes, ears, nose, tongue and skin are our sense organs.

EXERCISE TIME

A. Multiple choice questions (MCQs).

Tick (✓) the correct option :

1. We all grow with time into an _____.

a. children

b. adult

c. kids

2. Skin helps us to _____.
- a. feel b. hear c. smell
3. _____ help us to see.
- a. Ears b. Hands c. Eyes
4. Nose helps us to _____.
- a. hear b. smell c. see
5. Tongue helps us to _____.
- a. taste b. smell c. touch

B. Match the following :

Column A

1. Eyes
2. Nose
3. Tongue
4. Ear
5. Skin

Column B

- a. Sense of touch
- b. Smell
- c. Hear
- d. See
- e. Taste

C. Answer the following questions :

1. Name six different parts of the body.

2. What are the functions of our legs?

3. What are the functions of our hands?

4. What are sense organs? Name them.

D. Write functions of each of the following sense organs :

1. Eyes _____

2. Nose _____

3. Ears _____

4. Tongue _____

5. Skin _____

Activity Time



- Which part of your body helps you to :

1. Watch TV _____ 2. Clap _____
3. Kick a ball _____ 4. Taste an ice-cream _____



Creative Work

- Find and circle the names of 10 body parts hidden in the word search grid.

A	R	M	B	K	C	C	E	A	R
G	I	W	X	N	A	I	L	Q	Y
D	F	H	J	E	A	F	G	F	R
F	I	N	G	E	R	S	N	V	T
Q	W	R	K	O	D	X	O	V	Y
G	T	G	L	Q	G	B	S	I	Y
B	S	H	O	U	L	D	E	R	U
N	K	E	T	Z	I	T	T	L	E
F	I	A	R	G	P	B	G	O	Y
O	N	D	E	C	H	E	S	T	E
O	P	Q	W	J	U	H	B	O	S
T	O	N	G	U	E	U	N	J	K